



We offer a person-centred approach
to keep seniors safe and sound
at home, instead of anywhere else.

COMPANIONSHIP CARE

RESPIRE HOME CARE

HOME CARE
SUPPORT SERVICES
(DOMICILIARY CARE)

RECRUITMENT
SERVICES

SPECIALIST CARE

Changing the way
the world ages.

LIVE IN CARE



We offer a person-centred approach to keep seniors safe and sound at home, instead of anywhere else.

Fikados Healthcare is a national provider staffing services with over five years of experience and dedication to enhancing quality of life for others.

We are proud of our compassionate and dedicated staff supporting program designed to help people stay at home and healthier longer.

We
support
our
partners
to do
the
extraordinary
everyday



What we do

Home Care / Support Services (Domiciliary Care)

Fikados Healthcare Services Limited is a healthcare recruitment /employment agency duly registered in Ireland. We provide home care/support services to the elderly, Children, those with intellectual disabilities, etc., in their own homes.

Live In Care

Our live-in carers provide quality care in the comfort of your own home. By day, the carer does house-keeping, prepares meals, keeps company and provides personal care. By night, the carer sleeps in the client's home, Giving everyone peace of mind.

Respite Home Care

Respite Care is temporary care to provide family caregivers relief from the full-time care they have been providing for a loved one.

Companionship Care

People and relationships make all the difference in life, and as you grow older you value these much more. This is much more than just a service; it is a lifeline for many older people

Specialist Care

At Fikados Healthcare Services Ltd, we serve you and your family when you need us most. Experienced care for the following conditions & more
*Acquired Brain Injury - Alzheimer Disease Care - Learning Disability Support
Arthritis Care - Motor Neuron Diseases - Dementia care - End of Life care*

Recruitment Services

We supply part-time and permanent healthcare workers (e.g. Nurses, Midwives, Healthcare Assistants, Social care workers, etc.) to employers (e.g. Residential and care Homes, disability centres, nursing homes, hospitals, etc.) operating in both the private and public health sectors throughout Ireland.

Meet the team

Amina Yusuf

Managing Director



The driving force behind Fikados Care Limited. With a compassionate heart and a wealth of expertise, Amina leads the company with a dedication to providing exceptional patient-centered care. Trained as a Health Care Assistant at Cork College of Commerce, she has augmented her skills through various healthcare certifications and training.

Amina's journey in healthcare spans across esteemed institutions including Care Choice Nursing Home, Home Instead Senior Care, Bluebird Care, Cope-Foundation, Cork Association for Autism, and more. Through these experiences, she has nurtured and supported vulnerable individuals, ranging from children to the elderly, facing diverse challenges such as aggressive behavioral tendencies, intellectual disabilities, autism, communication disorders, and beyond.

Her commitment to holistic care and unwavering empathy has garnered her respect within the healthcare community. Amina's vision for Fikados Care Limited is rooted in excellence, where every individual receives the personalized attention and support they deserve. With her leadership, Fikados Care Limited stands as a beacon of compassion and quality in the realm of healthcare services.



Laura Quinlan,

Deputy Managing Director

An esteemed healthcare professional in Ireland with over 25 years experience. Laura has vast and extensive experience in homecare, domiciliary care, agency, transport and disability care services. Commencing as a carer 25 years ago, Laura has developed and grown within this sector and has held managerial positions for over 15 years to date.

Laura also has extensive qualifications including QQI level 7 in supervisory and management in healthcare, palliative care supports, communication, training delivery and evaluation, patient moving and handling and MAPA. Laura has also spent time training new carers to the industry and holds a QQI level 6 train the trainer cert, patient moving and handling instructor and MAPA instructor qualifications.

Laura's strives on delivering quality care by highly skilled staff and will actively support the staff to achieve this.

Dr. Oluchi Nicholas

Partner

Dr. Oluchi Nicholas is a seasoned Medical Registrar with a stellar academic background and a wealth of experience in the healthcare industry. Holding an MD from the prestigious University of Medicine and Pharmacy Cluj-Napoca, Dr. Nicholas brings a blend of clinical expertise and compassionate patient care to her role.



With a career spanning several years, Dr. Nicholas has honed her skills through diverse roles in reputable healthcare institutions. She commenced her journey as a Resident Medical Officer (RMO) at St. Vincent's Private Hospital, Dublin, where she garnered invaluable experience in managing a wide range of medical cases. Her commitment to excellence and patient-centric approach quickly earned her recognition among peers and patients alike.

In her current role as a Medical Registrar at Charter Medical Private Hospital Ballinderry, Mullingar, Co. Westmeath, Dr. Nicholas continues to make a profound impact in the healthcare landscape. Leveraging her extensive experience and deep understanding of medical complexities, she plays a pivotal role in providing advanced medical care to patients while also mentoring junior medical staff.

Dr. Nicholas's contributions extend beyond her clinical duties. She serves as a vital link between Fikados Care Limited and its clients, leveraging her extensive network and credibility within the medical community for Fikados to provide care for clients in need of care. Her ability to communicate effectively and empathetically with patients and healthcare professionals alike makes her a trusted partner in delivering comprehensive healthcare solutions.

Driven by a passion for improving patient outcomes and enhancing healthcare delivery, Dr. Oluchi Nicholas embodies the values of professionalism, integrity, and compassion that define Fikados Care Limited. With her leadership and expertise, she continues to be a driving force in the company's success, forging lasting connections and driving positive change in the healthcare industry.

Dr. Pius Apere

Chairman/Board of Directors

Dr. Pius Apere (PhD/FCII) Actuarial Scientist/Chartered Insurer, Dr. Pius Apere is a seasoned professional in insurance, pensions, and actuarial consultancy, currently serving as a Director at Fikados Care Limited.



With a robust academic background and extensive industry experience, Dr. Apere is renowned for his expertise in life insurance, general insurance, and asset-liability modeling.

Dr. Pius Apere has earned a PhD in Actuarial Science, an MSc, and a BSc in Actuarial Science from Bayes Business School, City University London, UK, and has many other certifications in finance-related fields. Professionally, Dr. Apere holds Fellowships from prestigious institutions such as the Chartered Insurance Institute of Nigeria and The Chartered Insurance Institute, London, UK. Moreover, he has acquired diplomas and certificates in actuarial techniques, finance, and investment from the Institute of Actuaries, UK.

As Director/Chairman at Fikados Care Limited, Dr. Apere oversees strategic leadership, effective stakeholder management, and organizational growth. His responsibilities include formulating and implementing organizational strategies, overseeing financial performance, fostering innovation, and ensuring regulatory compliance. He plays a pivotal role in guiding the company towards sustainable growth and profitability while maintaining a focus on delivering value to stakeholders.

Dr. Pius Apere epitomizes a highly motivated and ambitious professional with a unique blend of academic rigor, professional expertise, and practical experience. His contributions to the fields of insurance, pensions, and actuarial science exemplify his commitment to excellence and leadership.

Mojolaoluwa Ojediran

Company Secretary

Mojolaoluwa Ojediran, the dedicated Company Secretary of Fikados Care Ltd, whose background in pharmacy and wealth of experience bring invaluable insights to our team. Graduating from the University of Ibadan, Nigeria, with a Bachelor's degree in Pharmacy and later obtaining a Master's degree from Griffith College, Cork, Ireland, Mojolaoluwa's academic journey reflects her commitment to excellence.



With over a decade of professional experience, Mojolaoluwa has served in various capacities, including roles at the Primary Health Care Board in Lagos, Nigeria, and the Brothers of Charity. Before joining Fikados Care Ltd, she honed her skills in pharmaceutical settings, contributing her expertise to Hickeys/Allcare Pharmacy and McCabes Pharmacy.

As our Company Secretary, Mojolaoluwa plays a pivotal role in ensuring the smooth functioning of our organization. Her responsibilities include maintaining statutory registers, facilitating board meetings, and ensuring compliance with legal and regulatory requirements. Additionally, Mojolaoluwa provides vital administrative support, oversees corporate governance matters, and acts as a liaison between management and stakeholders. With her meticulous attention to detail and proactive approach, Mojolaoluwa contributes significantly to the success and governance of Fikados Care Ltd.

Samuel Ogogo

ICT Consultant, UI/UX Designer & Hardware Support



Samuel Ogogo's our ICT Consultant | UI/UX Designer | Hardware Support - at Fikados Care Limited, whose innovative expertise shapes our digital landscape and enhances user experiences. With a multi-faceted role, he collaborates closely with management to harness the power of information technology for achieving business objectives and streamlining IT systems.

His strategic guidance extends beyond mere advice, encompassing technology infrastructure improvements, procurement processes, and comprehensive user training. As the steward of our digital presence, he meticulously crafted the user experience (UX) and user interface (UI) design across various digital platforms, ensuring optimal usability, usefulness, and aesthetic appeal.

His contributions extend far beyond the digital realm, as evidenced by his pivotal role in the company's complete rebranding process. He has spearheaded the development of three distinct websites each reflecting our brand identity and values. Moreover, he has lent a creative touch to the company logo and brand identity, infusing it with modernity and relevance.

From conceptualizing wireframes to conducting rigorous user testing, he shepherds our digital projects from inception to execution. His commitment to research, strategy, and content development ensures that our online presence remains dynamic and engaging. With his expertise at the helm, Fikados Care Limited is poised for digital excellence and unparalleled user satisfaction.

Testimonials

DOMICILIARY CARE

My father had a fall back in December and I'm currently living in Australia. He wasn't looking after himself because of his age and we were looking to find Domiciliary/Home Care Support for him, Amina and Isaac have been absolutely brilliant. They've looked after my father so well and they've also looked after the house that he lives in.

I am very happy with their service.

Joe - Dec 2nd 2023

LIVE-IN CARE

I am extremely satisfied with the service provided by Fikados by sending a reliable Live-In Care to care for my father. I want to express my gratitude for Fikados' excellent work and dedication. I've praised the carer multiple times, calling her fantastic because she has always gone above and beyond. The carer has developed a strong bond with my family, and we consider her like a part of our family. I, therefore, recommend Fikados

Siobhan - March 7th 2024

CLEANING SERVICES

I have no problem recommending Fikados Cleaning Services and it is an outstanding staff. Having recently utilized their services, I was thoroughly impressed with the level of professionalism, attention to detail, and passionate, it was so impressive. Excellent.!

Robert - - June 12th 2024

Our Mission, Vision & Values

OUR MOTTO: We deliver what we promise

Mission

To serve the healthcare sector in Ireland by supplying the healthcare providers with the most suited, qualified and passionate staff, with the purpose of meeting their staffing needs and improving the standard of care and quality of lives of those in need of care.

Vision

To be the leading healthcare recruitment agency of choice for all major healthcare providers within the healthcare sector in Ireland and UK within the next five years.

Our Values

To meet the highest standards of safety, ethics and governance required in providing healthcare staffing needs for clients and candidates, with effective communication, within the ethos of healthcare sector.

However, our core values can be summarized by the acronym, CRETIC

- C- Compassion
- R – Respect
- E – Excellence
- T -Teamwork
- I – Integrity
- C – Collaboration



www.care.fikados.ie